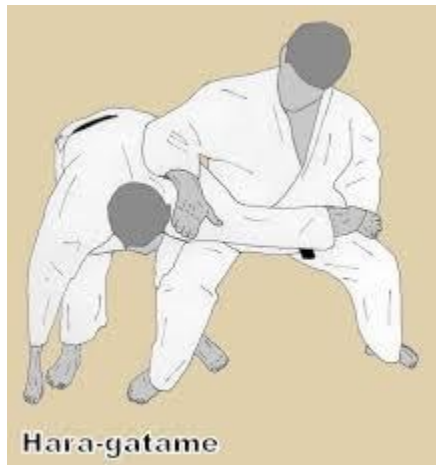


Ude – Hishigi – Hara – Gatame Stomach – Armlock



Hara-Gatame



Hara-gatame